



Tailored Workshops
DTF
 THINK OUTSIDE THE BOX

Thanking all those who care enough to create B.E.T.T.E.R.* tomorrows for so many.

*** Behavioural Enhancement Through Theatrical Expression and Release**

Last season, 30 women from all walks of life experienced the first of a series of 'Fun-Shops for Women', a fundraising initiative towards the continuation of our 'B.E.T.T.E.R.' Esteem Program. Most had never met before, nor had they ever taken an acting class. This empowering experience reignited their joy for play, allowing every woman to de-stress and express her true nature, encouraging simple communication and creativity through loads of fun! **(Our next 'Fun-Shop' and some Testimonials Below)**

"You both have that magic touch... the magic touch to put people at ease, to encourage them to take risks, and to guide them as they learn to believe in themselves. My candle is still burning. Thanks for the enriching and beautiful experience. The details, the humor in the workbook, the flow of exercises/activities... two thumbs up!!"

Rita Iacampo, 'Breaking the 'N-Ice' participant

"What an uplifting, fun day with an amazing group of ladies. Anik and Claire, you are gifted and blessed with a passion to see what's needed and you roll up your sleeves and 'get it done!', all this, with grace, humor and finesse. The day seemed to fly by. There was lots of laughter, great singing, food, creativity, and gifts from supportive generous businesses who believe in you. I felt like a kid again. Yay!!! I would just love to see all these ladies again, and I will be back for your next one."

Liz MacRae, 'Put Your Passion to Action' participant

"I am honored to have any opportunity to work and play with such beautiful, creative and giving spirits. It is a rarity to find such genuine souls in today's superficial world, and at DTF, these rare gems are lighting up the children around them to bring out their own brilliant sparkle, while helping them realize their true value and self-worth. I will happily do everything possible to move my schedule around be a part of all the great work you do. It will always be a privilege for me, and one of the most rewarding and fulfilling activities I have ever been blessed enough to experience."

Argie Hatzivas, Both 'Fun-Shops' participant

FUNDRAISING 'FUN-SHOP' This Fall 2008

DTF motto; ***"If it 'aint fun... run!"***

Our Next 'Fun-Shop for Women' is entitled '*Your Charismatic Character*' and promises to be a wonderful journey of discovery and surprise. This day will begin with warm-ups, movement, games and improvisation techniques, and then using a great tool called the 'Half Mask' or 'Character Mask', and in a comfortable and protected setting, participants will ease into "walking the walk and talking the talk". Super fun moments will ensue as they will interact with other characters through simple improvisations.



What is always on the 'Fun-shop' menu?

- Laughter, listening and sharing.
- Great music, with live accompaniment.
- Working the mind, body and spirit.
- An opportunity to meet, create and exchange with other wonderful women.
 - A time to think just of you, while reconnecting with your playful side.
 - A few moments to relieve stress and experience something new.

What else is on the menu?

- Great food of course !

When: Sunday October 26th

Time: 10:00am to 5:00pm

Place: TBA

Cost: \$125

REGISTRATION DEADLINE: We must receive all payments and registration forms by **October, 20th 2008**. Call **514-591-6994** or e-mail us info@dtfonline.com , and we will gladly send you a registration form.

The cost covers materials, a souvenir picture, lunch, and a donation receipt.

These 'fun-shops' are spearheaded by DTF's Fundraising Committee of B.E.T.T.E.R. Moms.

ALL PROCEEDS go to continue our 'B.E.T.T.E.R. Esteem Program' for children with special needs.

Thank you for supporting this vital work.

Stay tuned for two more 'Fun-Shops for Women' One February 1st, and another April 5th, pre-register for all of them and receive a special gift!

Please send this link to a friend. 😊